Fiscal Year (FY) 2021 National Hypertension Control Initiative Supplemental Funding for Health Centers (NHCI-HC) Updates

November 3, 2021

Vision: Healthy Communities, Healthy People

Technical Assistance Webpage:
https://bphc.hrsa.gov/program-opportunities/national-hypertension-control-initiative
WELCOME!

• We’ll get started momentarily.
• To view closed captioning, select *Closed Captioning* from the three-dots icon, and then *View Sub-titles*
• Please submit questions at any time in the Q&A feature.
• Feel free to interact with other health centers throughout the session, using the chat feature.
• A copy of this presentation and the recording will be shared on the HRSA NHCI TA page.
Agenda

• Welcome
• NHCI Overview: Purpose and Health Center Requirements
• Work Plans and Budgets
• What Does Health Center Success Look Like?
• Progress Reports
• Questions
Purpose of NHCI-HC Funding

• **Increase provider and staff engagement** in implementing evidence-based practices, including advanced **self-measured blood pressure (SMBP) technology**, to **increase controlled hypertension**
  - Awareness and adoption of health education programs and linkages to community services for effective hypertension control;
  - Patient and provider engagement, education, and training for hypertension control clinical quality improvement;
  - Clinical interventions to support improved health outcomes among the most at-risk hypertensive health center patients; and
  - Reduce the risk of poor outcomes from COVID-19;
  - The use of advanced SMBP technology to achieve HHS Million Hearts® 2022 Campaign hypertension control clinical outcome of 80 percent.
About the Challenge

- The Million Hearts® Hypertension Control Challenge identifies clinicians, practices, and health systems that have demonstrated exceptional achievements in working with their patients to control hypertension. This year, we will be recognizing those who achieved blood pressure control (blood pressure reading below 140 mm Hg/90 mm Hg) among 80% of their hypertensive population aged 18–85 years.

- The Challenge is open to public and private clinicians, medical practices, and health systems located in the United States. Strategies used by Champions that support hypertension control may be written into a success story and posted on this website.

- As of 2020, CDC has recognized 133 Hypertension Control Champions across 40 states and the District of Columbia.
Intended Outcomes

Increase:
- Number of health centers with ≥ 80% controlled HTN
- # of patients screened for HTN
- Patient education, knowledge, understanding of HTN
- Culture change around workflow, treatment protocols, SMBP-based strategies for patient engagement
- Health and Digital literacy

Decrease:
- Systolic and diastolic BP levels among patients with HTN
- Mortality rates for hypertensive heart disease, stroke and ischemic heart disease
Requirements

Health centers must address all 4 requirements.

1. Fully participate in T/TA activities offered in support of NHCI-HC award.
2. Conduct outreach and engage patients with uncontrolled hypertension to participate in the HTN Initiative.
3. Ensure access to and support use of Bluetooth or wireless-enabled SMBP devices for a majority of patients with hypertension, and use their data to inform hypertension treatment plans.
4. Collect and share data to support participation in initiative evaluation and reporting activities.
What Does Success Look Like for Health Centers?

• Execution of the Work Plan
  ➢ Based on the HRSA-approved work plan, did the health center implement the activities in the work plan in the manner in which they were described?

• Increase in the Number of Patients with Controlled Blood Pressures.
  ➢ Per UDS data, did the number of controlled hypertension patients increase?
Reporting Requirements for July 1-December 31, 2021

• Progress Report available on January 3, 2022 in EHB
• Pre-recorded video is available to recap how to complete the progress report
• Live Q & A session for grantees will be offered approximately one week after report opens in EHB
• Any questions about the Expenditure Report should be addressed to your GMS (lines up with your H80 project period)
Resource and Reminders

- The HRSA NHCI Team will be phasing out the HRSA NHCI mailbox (NHCI-Support@hrsa.gov). Please contact the team via the BPHC Contact Form.

- HRSA NHCI TA PAGE

- Million Hearts Homepage: https://millionhearts.hhs.gov/index.html

- Please ensure that you include the name of your health center when registering or participating in HRSA-sponsored T/TA events, so that we may document your attendance.
Questions and Answers

Feel free to ask general questions.

If you have specific questions related to your health center after this session, please submit them through the BPHC Contact Form.
Thank you!

NHCI Support Team
Office of Health Center Investment and Oversight (OHCIIO)
Bureau of Primary Health Care (BPHC)
Health Resources and Services Administration (HRSA)

BPHC Contact Form