FY 2021 National Hypertension Control Initiative Supplemental Funding for Health Centers (NHCI-HC)

Question and Answer Session for Health Center Awardees

Bureau of Primary Health Care (BPHC)

Vision: Healthy Communities, Healthy People
Agenda

• National Hypertension Control Initiative (HTN Initiative)
• NHCI-HC Award Overview
• Training and Technical Assistance
• Monitoring and Oversight
Presenters

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National Hypertension Control Initiative: Addressing Disparities Among Racial and Ethnic Minority Populations

https://www.minorityhealth.hhs.gov/hypertension/
NHCI-HC Award Overview

Office of Policy and Program Development
Award Impact

Nearly $90 million for 496 awards in 48 states, the District of Columbia, U.S. Virgin Islands, Puerto Rico, Palau, and Federated States of Micronesia

View NHCI-HC investments by locale
Purpose

• Increase provider and staff engagement in implementing evidence-based practices, including advanced self-measured blood pressure (SMBP) technology, to increase controlled hypertension

• 3-year funding received up front for NHCI-HC activities through the end of the FY 2023 H80 budget period
Requirements

Health centers must address all 4 requirements

- Fully participate in T/TA activities offered in support of NHCI-HC award
- Conduct outreach and engage patients with uncontrolled hypertension to participate in the HTN Initiative
- Ensure access to and support use of Bluetooth or wireless-enabled SMBP devices for a majority of patients with hypertension, and use their data to inform hypertension treatment plans
- Collect and share data to support participation in initiative evaluation and reporting activities
Example Allowed Costs

SMBP devices must be available for the majority of patients with hypertension

Personnel
Health information technology (health IT) staff; patient educator; project manager; quality improvement staff; clinical and other support staff

Training
Adopt new workflows that follow clinical guidelines; use of RPM; teach patients to use SMBP devices

Supplies
SMBP devices; outreach materials; digital platforms and tools to support SMBP use and integration into EHRs

Equipment
Servers, EHR purchase or upgrade ($150,000 maximum across all 3 years)

Health IT
Information technology to support data security and data privacy; broadband data
Remote Patient Monitoring Resources

- HTN Initiative training and technical assistance provider
  - American Heart Association (AHA)
  - National experience using digital platforms to support the use of SMBP devices
- Million Hearts® 2022
- ONC Health IT and ONC Patient Engagement Playbooks
- HRSA strategic partners
  - Health Information Technology Training and Technical Assistance Center (HITEQ)
  - Health Center Controlled Networks
  - Telehealth Resource Centers
- BroadbandUSA
- FCC Lifeline subsidy program
Helpful Tips

• Health centers have until the end of the 3-year period to make SMBP devices available to a majority of patients 18 to 85 years old diagnosed with hypertension

• Options to make devices available include, but are not limited to:
  ▪ Purchase
  ▪ Develop a loaner program
  ▪ Work with insurance companies
  ▪ Use already available devices (health center or patient owned)

• SMBP devices
  ▪ Must be Bluetooth or wireless-enabled
  ▪ SMBP data are to be electronically transmitted from the patient to the health center

• Not every patient to whom devices are made available will participate
Ineligible Costs

- Costs supported by other Health Center Program funds
- New construction activities, including additions or expansions
- Purchase or upgrade of EHRs not ONC certified
- Facility or land purchases; purchase or installation of trailers and pre-fabricated modular units
- Minor alteration or renovation (A/R) projects
- Mobile units, vehicles to transport patients or health center personnel
Training and Technical Assistance

Office of Quality Improvement
The HTN Initiative Neighborhood

Health Centers

AHA

HRSA and OMH

Federal and Community Partners
Priority Anticipated Outcomes

**Aspirational**
- Disengaged patients living with HTN
- Systolic and diastolic BP levels among patients with HTN
- Mortality rates for hypertensive heart disease, stroke and ischemic heart disease
  - County-level estimates of emergency department visits for hypertension crisis
  - County-level rates of hospital discharges for hypertension crisis

**Concrete**

**Measurable**
- HTN medication adherence
- Number of health centers with ≤ 80% controlled HTN
- # of patients screened for HTN
- Patient education, knowledge, understanding of HTN – SDoH lens
- Culture change around workflow, treatment protocols, SMBP-based strategies for patient engagement
- Health and digital literacy
  - Years of healthy life expectancy

**Achievable**
# How Do We Get There From Here?

<table>
<thead>
<tr>
<th>Evaluation (Ongoing)</th>
<th>Technical Assistance (Evidence-based best &amp; promising practices provided by AHA)</th>
<th>Partnership Development</th>
<th>Other Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Assessments</td>
<td>- Web-based learning</td>
<td>- Community organizations</td>
<td>- Peer-to-Peer engagement</td>
</tr>
<tr>
<td>- Polling</td>
<td>- Learning collaborative</td>
<td>- NGOs</td>
<td>- Patient engagement and education via workshops, seminars, 1x1s</td>
</tr>
<tr>
<td>- Surveying</td>
<td>- Small group intensive and topic-specific</td>
<td>- Faith-based organizations</td>
<td>- Incentive and award programs</td>
</tr>
<tr>
<td>- Reporting</td>
<td>- Larger group less intensive (Office-Hours)</td>
<td>- Federal partners</td>
<td></td>
</tr>
<tr>
<td>- Categorizing</td>
<td>- Specialized 1X1s</td>
<td>- Supporting clinical efforts</td>
<td></td>
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<td></td>
<td>- Support from federal partners</td>
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What Comes Next?

• AHA will be reaching out to you to:
  ▪ Gather information on targeted patient population
  ▪ Perform readiness assessments
  ▪ Assess early needs for TA
  ▪ Provide early guidance on setting goals – short term, longer term
  ▪ Provide guidance on reporting
  ▪ Develop TA that best fits needs

CONGRATULATIONS
Monitoring and Oversight

NHCI-HC Funding Support Team
Post-Award Monitoring & Oversight

NHCI-HC Funding Support Team

- Review and process post-award submissions
- Maintain routine communications regarding project implementation
- In coordination with AHA, identify and address recipients’ TA needs
Post-Award Monitoring & Oversight (1 of 2)

Post-Award Submissions

- NHCI-HC Project Condition
- Semi-Annual Progress Report
- Annual Expenditure Report
- Annual UDS Submission
Post-Award Monitoring & Oversight (2 of 2)

Terms and Conditions

- Nine (9) Terms
- Project Plan Condition
- Budget Condition
- Condition responses required **within 30 days** of award
Key Resources

- Notice of Award
- NHCI-HC Technical Assistance Webpage

For programmatic questions, e-mail NHCI-Support@hrsa.gov

For budget questions, contact your Grants Management Specialist
Questions