



# Fiscal Year (FY) 2021 National Hypertension Control Initiative Supplemental Funding for Health Centers (NHCi-HC) Updates

**September 7, 2021**

**Vision: Healthy Communities, Healthy People**

**Technical Assistance Webpage:**

<https://bphc.hrsa.gov/program-opportunities/national-hypertension-control-initiative>



# WELCOME!

---

- We'll get started momentarily.
- To view closed captioning, select *Closed Captioning* from the three-dots icon, and then *View Sub-titles*
- Please submit questions at any time in the Q&A feature.
- A copy of the presentation and the recording will be shared with all NHCI awardees after today's call.



# Agenda

---

- Opening Remarks
- Review of Grant Requirements
- NHCI Training and Technical Assistance (T/TA)
- Upcoming Events and Resources
- Q&A Session



# Opening Remarks



**Suma Nair**  
Office of Quality Improvement (OQI)  
Office Director



# Opening Remarks



**Katie Ballengee**

Office of Health Center Investment Oversight (OHCIO)  
Deputy Office Director





### **Mark Cones**

Office of Health Center Investment Oversight  
(OHCIO)  
Director, Clinical Performance Improvement  
Investment Management



# Purpose of NHCI-HC Funding

---

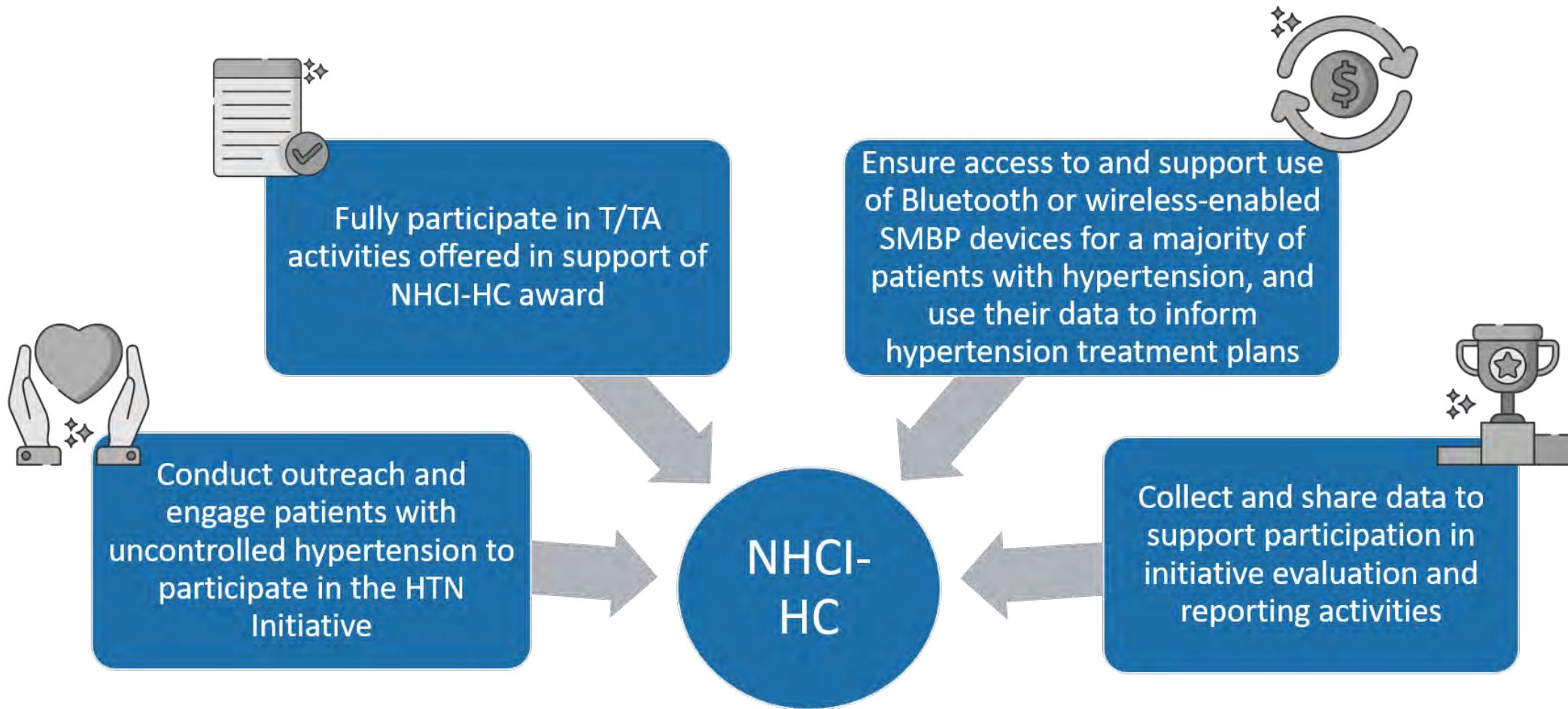
- **Increase provider and staff engagement** in implementing evidence-based practices, including advanced **self-measured blood pressure (SMBP) technology**, to **increase controlled hypertension**
- 3-year funding received up front for NHCI-HC activities through the end of the FY 2023 H80 budget period



# Requirements



*Health centers must address all 4 requirements*



# Priority Anticipated Outcomes

## - Aspirational

## - Concrete

## - Measurable

## - Achievable

- Disengaged patients living with HTN
- Systolic and diastolic BP levels among patients with HTN
- Mortality rates for hypertensive heart disease, stroke and ischemic heart disease
- County-level estimates of emergency department visits for hypertension crisis
- County-level rates of hospital discharges for hypertension crisis

DECREASE

INCREASE / IMPROVE

- HTN Medication Adherence
- Number of health centers with  $\leq 80\%$  controlled HTN
- # of patients screened for HTN
- Patient education, knowledge, understanding of HTN – SDoH lens
- Culture change around workflow, treatment protocols, SMBP-based strategies for patient engagement
- Health and Digital literacy
- Years of Healthy Life Expectancy



# How Do We Get There From Here?

## Evaluation (Ongoing)

- Assessments
- Polling
- Surveying
- Reporting
- Categorizing

## Technical Assistance

(Evidence-based best and promising practices provided by AHA)

- Web-based learning
- Learning Collaborative
- Small Group Intensive and Topic – Specific
- Larger Group Less Intensive (Office-Hours)
- 1X1 – Specialized
- Support from Federal Partners

## Partnership Development

- Community Organizations
- NGOs
- Faith –Based Organizations
- Federal Partners
- Supporting clinical efforts

## Other Activities

(i.e. patient engagement and education)

- Peer to Peer engagement
- Patient engagement and education via workshops, seminars, 1x1
- Incentive and award programs



# Opening Remarks



**Jannette Dupuy**

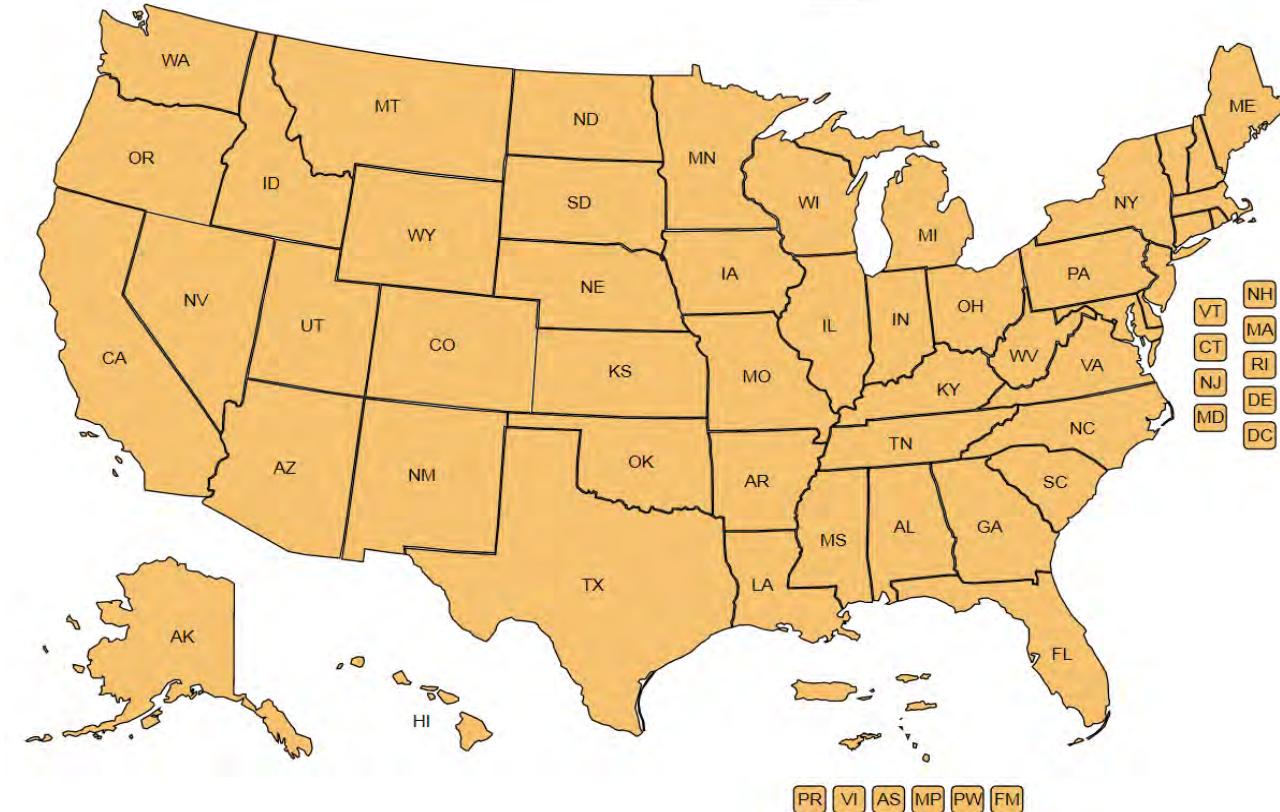
Office of Quality Improvement, Quality Division  
Division Director



# Award Impact

Nearly \$90 million for 496 awards in 48 states, the District of Columbia, U.S. Virgin Islands, Puerto Rico, Palau, and Federated States of Micronesia

[View NHCI-HC investments by locale](#)



# NHCI T/TA Support (2 of 2)



# Upcoming T/TA Events

Date/Time	Title	Host	Audience	Description	URL
September 9; 1:00-2:00pm ET	<b>Quarter 3 SMBP Forum: SMBP Health Information Technology</b>	CDC/ NACHC	All partners	This open online meeting is an opportunity for clinical, public health, and community-based partners to exchange best and promising practices, identify solutions to common obstacles, and share resources to accelerate SMBP monitoring uptake.	<a href="#">Registration Link</a>
September 15; 1:00-2:00pm ET	<b>AHA webinar: Act Rapidly: Treatment Intensification</b>	AHA	NHCI grantees Only	This is a monthly community health center webinar series hosted by the American Heart Association to support CHCs participating in the National Hypertension Control Initiative (NHCI).	Recordings to be available <a href="#">here</a>
September 15; 3:00-4:00pm ET	<b>Million Hearts Learning Lab: Cholesterol Management/Optimal use of Statin Therapy</b>	NACHC/ AMA	CHCs, HCCNs, and PCAs	A bimonthly CME-accredited learning series that features evidence-based strategies to prevent CVD and best practices for implementation.	<a href="#">Registration Link</a>
September 27-29	<b>Hypertension Scientific Sessions 2021</b>	AHA	All partners	A virtual event to focus on recent advances in basic and clinical research to better understand the causes of hypertension; its relationship to stroke, cardiac disease and kidney dysfunction; and the most effective means for detecting, evaluating and treating high blood pressure across diverse populations.	<a href="#">Hypertension 2021 Scientific Sessions</a>



# Additional T/TA Resources

- **CDC DHDSP Resources to Support Pharmacist Integration in Care Teams**
  - [Creating Community-Clinical Linkages Between Community Pharmacists and Physicians](#)
  - [Advancing Team-Based Care Through Collaborative Practice Agreements](#)
  - Collaborative Practice Agreements and Pharmacists' Patient Care Services Resource Series
  - [Pharmacists | Providers | Payers | Decision Makers](#)
  - [Million Hearts Pharmacy Toolkits](#)
- [AHA NHCI National Webinars \(Archived\)](#)
- **HRSA Heart Health Officer Hours**
  - Are Hypertension Control Interventions that Maximize Team-based Care Effective? (Feb 2021): [Recording](#)
  - What are innovative approaches to lifestyle modifications for hypertensive patients? (May 2021): [Recording](#)

## Million Hearts SMBP Resource

  
Self-Measured Blood Pressure Monitoring (SMBP) Resources

2021 Quarterly Million Hearts® SMBP Forum Meetings:

- Million Hearts® SMBP Forum Registration [http://bit.ly/SMBP\\_Registration](http://bit.ly/SMBP_Registration)  
The webpage to register for and secure an invite to the quarterly Million Hearts® SMBP Forum meetings held from 1:00-2:00 pm ET on March 11, June 10, September 9, and December 9 of 2021. Contact [MillionHeartsSMBP@nachc.org](mailto:MillionHeartsSMBP@nachc.org) for more information. Past events are cited below:
  - June 11, 2020 SMBP Forum Meeting: SMBP for pregnant and post-partum women <https://www.youtube.com/watch?v=otvQTERIKQ>
  - September 10, 2020 SMBP Forum Meeting: SMBP clinical processes and AMA resources <https://www.youtube.com/watch?v=YJW5329dHM>
  - December 10, 2020 SMBP Forum Meeting: engaging pharmacists in SMBP delivery [https://www.youtube.com/watch?v=M5ss\\_-\\_JKG](https://www.youtube.com/watch?v=M5ss_-_JKG)

Featured Webpages:

- Million Hearts® Self-Measured Blood Pressure Monitoring <http://millionhearts.hhs.gov/tools-protocols/smbp.html>  
A webpage that features SMBP plus clinical support tools, references and resources, and success stories. (This web content is available for syndication at <https://tools.cdc.gov/mediabinary/index/media/id/280741>)
- National Association of Community Health Centers (NACHC) Self-Measured Blood Pressure Monitoring (SMBP) <https://www.nachc.org/clinical-matters/nachc-million-hearts-initiative/#selfmeasured>  
NACHC's collection of articles, educational resources, and tools to accelerate the adoption of SMBP as a national standard of care.

Implementation Tools:

- Million Hearts® Hypertension Control Change Package (Second Edition) [https://millionhearts.hhs.gov/files/HTN\\_Change\\_Package.pdf](https://millionhearts.hhs.gov/files/HTN_Change_Package.pdf)  
A quality improvement change package, revised in May 2020, with a listing of process improvements that ambulatory clinical settings can implement as they seek optimal hypertension control. Includes 7 SMBP-related change ideas and 27 practice- or evidence-based SMBP implementation tools and resources.
- National Association of Community Health Centers (NACHC) SMBP Implementation Toolkit [https://www.nachc.org/wp-content/uploads/2020/12/SMBP-Toolkit\\_FINAL.pdf](https://www.nachc.org/wp-content/uploads/2020/12/SMBP-Toolkit_FINAL.pdf)  
A 10-page toolkit, released in December 2020, to help organizations implement SMBP successfully into their care processes and workflows.
- American Medical Association (AMA) 7-Step SMBP Quick Guide <https://www.ama-assn.org/system/files/2020-06/7-step-smbp-quick-guide.pdf> (guide) <https://www.ama-assn.org/smbp-guide> (guide webpage)  
AMA's webpage featuring 7 key steps for physician and care teams can take to use SMBP with adult patients with high blood pressure. This tool includes links to supporting tools.

1 of 4  
Updated March 9, 2021



# NHCI Data Collection

---

- Funding requirement: collect and share data to support participation in initiative evaluation and reporting activities
- Data collection for entire cohort
- Additional information is forthcoming



# Next Steps

---

- Recording of this webinar and slides will be available on [NHCI TA webpage](#)
- T/TA groups will be announced...via email
- NHCI Quarterly Communications – September 2021



# Questions and Answers



# Thank you!

---

## **NHCl Support Team**

Office of Health Center Investment and Oversight (OHCIO)

Office of Quality Improvement (OQI)

Bureau of Primary Health Care (BPHC)

Health Resources and Services Administration (HRSA)

---

[NHCl-Support@hrsa.gov](mailto:NHCl-Support@hrsa.gov)

[bphc.hrsa.gov](http://bphc.hrsa.gov)

