



Fiscal Year (FY) 2021 National Hypertension Control Initiative Supplemental Funding for Health Centers (NHCI-HC) Updates

September 7, 2021

Vision: Healthy Communities, Healthy People

Technical Assistance Webpage:

<https://bphc.hrsa.gov/program-opportunities/national-hypertension-control-initiative>



WELCOME!

- We'll get started momentarily.
- To view closed captioning, select *Closed Captioning* from the three-dots icon, and then *View Sub-titles*
- Please submit questions at any time in the Q&A feature.
- A copy of the presentation and the recording will be shared with all NHCI awardees after today's call.



Agenda

- Opening Remarks
- Review of Grant Requirements
- NHCI Training and Technical Assistance (T/TA)
- Upcoming Events and Resources
- Q&A Session



Opening Remarks



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Office of Quality Improvement (OQI)

Office Director

Opening Remarks



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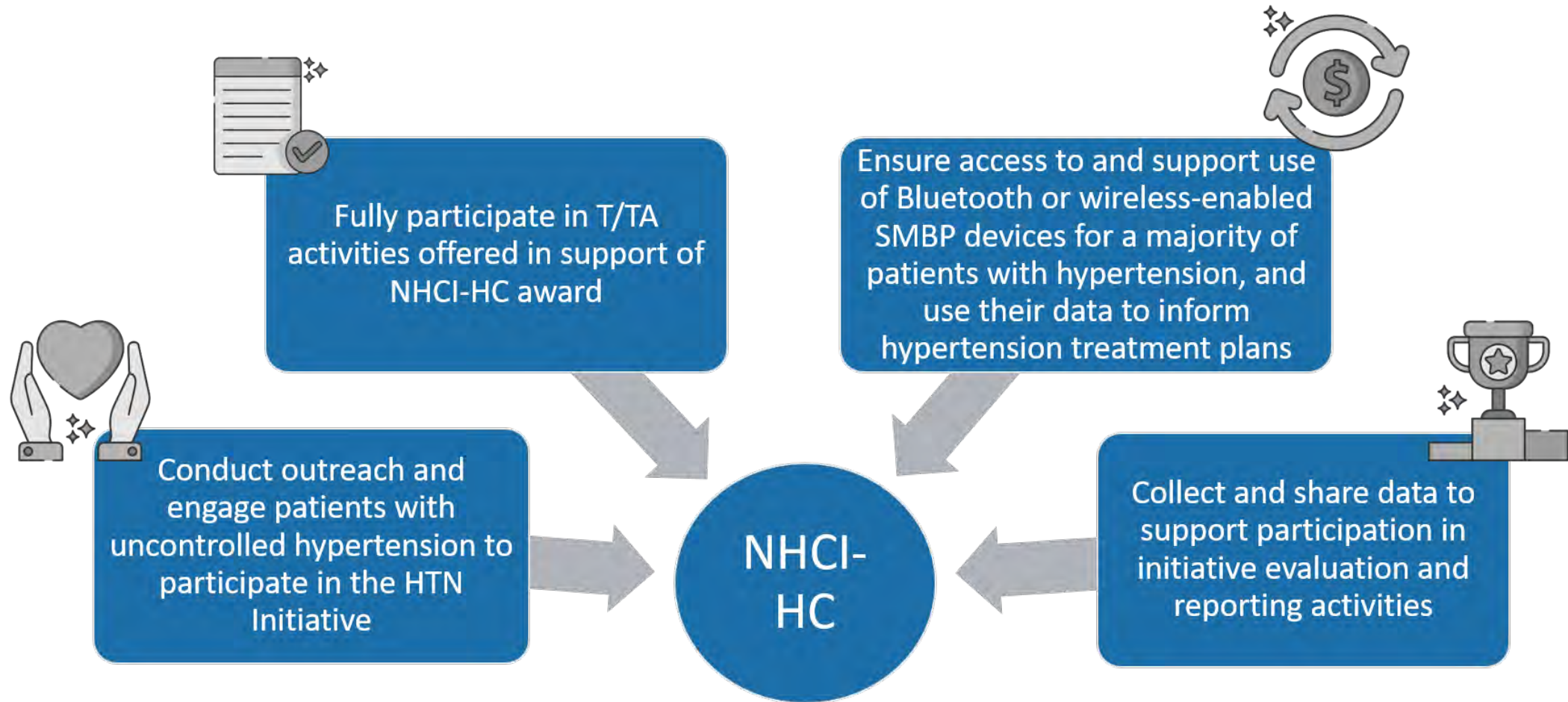
Purpose of NHCI-HC Funding

- **Increase provider and staff engagement** in implementing evidence-based practices, including advanced **self-measured blood pressure (SMBP) technology**, to **increase controlled hypertension**
- 3-year funding received up front for NHCI-HC activities through the end of the FY 2023 H80 budget period

Requirements



Health centers must address all 4 requirements



Priority Anticipated Outcomes

- Aspirational

- Concrete

- Measurable

- Achievable

DECREASE

- Disengaged patients living with HTN
- Systolic and diastolic BP levels among patients with HTN
- Mortality rates for hypertensive heart disease, stroke and ischemic heart disease
- *County-level estimates of emergency department visits for hypertension crisis*
- *County-level rates of hospital discharges for hypertension crisis*

INCREASE/IMPROVE

- HTN Medication Adherence
- Number of health centers with $\leq 80\%$ controlled HTN
- # of patients screened for HTN
- Patient education, knowledge, understanding of HTN – SDoH lens
- Culture change around workflow, treatment protocols, SMBP-based strategies for patient engagement
- Health and Digital literacy
- *Years of Healthy Life Expectancy*

How Do We Get There From Here?

Evaluation (Ongoing)

- Assessments
- Polling
- Surveying
- Reporting
- Categorizing

Technical Assistance (Evidence-based best and promising practices provided by AHA)

- Web-based learning
- Learning Collaborative
- Small Group Intensive and Topic – Specific
- Larger Group Less Intensive (Office-Hours)
- 1X1 – Specialized
- Support from Federal Partners

Partnership Development

- Community Organizations
- NGOs
- Faith –Based Organizations
- Federal Partners
- Supporting clinical efforts

Other Activities

(i.e. patient engagement and education)

- Peer to Peer engagement
- Patient engagement and education via workshops, seminars, 1x1
- Incentive and award programs

Opening Remarks



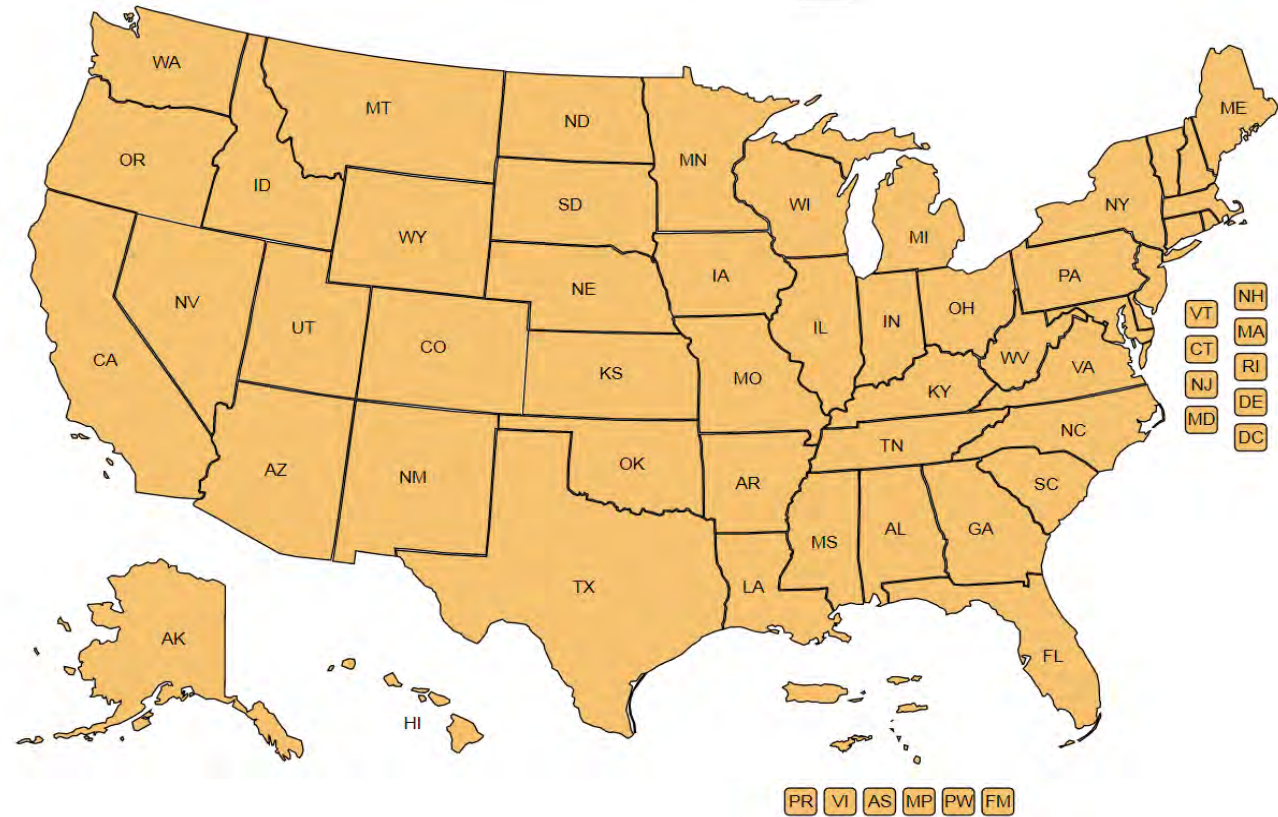
Jannette Dupuy
Office of Quality Improvement, Quality Division
Division Director



Award Impact

Nearly \$90 million for 496 awards in 48 states, the District of Columbia, U.S. Virgin Islands, Puerto Rico, Palau, and Federated States of Micronesia

[View](#) NHCI-HC investments
by locale



NHCI T/TA Support (2 of 2)



Upcoming T/TA Events


Date/Time	Title	Host	Audience	Description	URL
September 9; 1:00-2:00pm ET	Quarter 3 SMBP Forum: SMBP Health Information Technology	CDC/ NACHC	All partners	This open online meeting is an opportunity for clinical, public health, and community-based partners to exchange best and promising practices, identify solutions to common obstacles, and share resources to accelerate SMBP monitoring uptake.	Registration Link
September 15; 1:00-2:00pm ET	AHA webinar: Act Rapidly: Treatment Intensification	AHA	NHCI grantees Only	This is a monthly community health center webinar series hosted by the American Heart Association to support CHCs participating in the National Hypertension Control Initiative (NHCI).	Recordings to be available here
September 15; 3:00-4:00pm ET	Million Hearts Learning Lab: Cholesterol Management/Optimal use of Statin Therapy	NACHC/ AMA	CHCs, HCCNs, and PCAs	A bimonthly CME-accredited learning series that features evidence-based strategies to prevent CVD and best practices for implementation.	Registration Link
September 27-29	Hypertension Scientific Sessions 2021	AHA	All partners	A virtual event to focus on recent advances in basic and clinical research to better understand the causes of hypertension; its relationship to stroke, cardiac disease and kidney dysfunction; and the most effective means for detecting, evaluating and treating high blood pressure across diverse populations.	Hypertension 2021 Scientific Sessions



Additional T/TA Resources

- **CDC DHDSP Resources to Support Pharmacist Integration in Care Teams**
 - [Creating Community-Clinical Linkages Between Community Pharmacists and Physicians](#)
 - [Advancing Team-Based Care Through Collaborative Practice Agreements](#)
 - Collaborative Practice Agreements and Pharmacists' Patient Care Services Resource Series
 - [Pharmacists](#) | [Providers](#) | [Payers](#) | [Decision Makers](#)
 - [Million Hearts Pharmacy Toolkits](#)
- **[AHA NHCI National Webinars \(Archived\)](#)**
- **HRSA Heart Health Officer Hours**
 - Are Hypertension Control Interventions that Maximize Team-based Care Effective? (Feb 2021): [Recording](#)
 - What are innovative approaches to lifestyle modifications for hypertensive patients? (May 2021): [Recording](#)

Million Hearts SMBP Resource



Self-Measured Blood Pressure Monitoring (SMBP) Resources

2021 Quarterly Million Hearts® SMBP Forum Meetings:

- **Million Hearts® SMBP Forum Registration**
http://bit.ly/SMBP_Registration
The webpage to register for and secure an invite to the quarterly Million Hearts® SMBP Forum meetings held from 1:00-2:00 pm ET on March 11, June 10, September 9, and December 9 of 2021. Contact MillionHeartsSMBP@nache.org for more information. Past events are cited below.
 - June 11, 2020 SMBP Forum Meeting: SMBP for pregnant and post-partum women
<https://www.youtube.com/watch?v=o1v7QTERIXQ>
 - September 10, 2020 SMBP Forum Meeting: SMBP clinical processes and AMA resources
<https://www.youtube.com/watch?v=LYJW53Z9dM>
 - December 10, 2020 SMBP Forum Meeting: engaging pharmacists in SMBP delivery
https://www.youtube.com/watch?v=MSss-_uKGg

Featured Webpages:

- **Million Hearts® Self-Measured Blood Pressure Monitoring**
<http://millionhearts.hhs.gov/tools-protocols/smbp.html>
A webpage that features SMBP plus clinical support tools, references and resources, and success stories. (This web content is available for syndication at <https://tools.cdc.gov/mediaLibrary/index.aspx?mediaId/280741>)
- **National Association of Community Health Centers (NACHC) Self-Measured Blood Pressure Monitoring (SMBP)**
<https://www.nachc.org/clinical-matters/nachc-million-hearts-initiative#selfmeasured>
NACHC's collection of articles, educational resources, and tools to accelerate the adoption of SMBP as a national standard of care.

Implementation Tools:

- **Million Hearts® Hypertension Control Change Package (Second Edition)**
https://millionhearts.hhs.gov/files/HTN_Change_Package.pdf
A quality improvement change package, revised in May 2020, with a listing of process improvements that ambulatory clinical settings can implement as they seek optimal hypertension control. Includes 7 SMBP-related change ideas and 27 practice- or evidence-based SMBP implementation tools and resources.
- **National Association of Community Health Centers (NACHC) SMBP Implementation Toolkit**
https://www.nachc.org/wp-content/uploads/2020/12/SMBP-Toolkit_FINAL.pdf
A 10-page toolkit, released in December 2020, to help organizations implement SMBP successfully into their care processes and workflows.
- **American Medical Association (AMA) 7-Step SMBP Quick Guide**
<https://www.ama-assn.org/system/files/2020-06/7-step-smbp-quick-guide.pdf> (guide)
<https://www.ama-assn.org/smbp-guide> (guide webpage)
AMA's webpage featuring 7 key steps for physician and care teams can take to us SMBP with adult patients with high blood pressure. This tool includes links to supporting tools.

1 of 4
Updated March 9, 2021



NHCI Data Collection

- Funding requirement: collect and share data to support participation in initiative evaluation and reporting activities
- Data collection for entire cohort
- Additional information is forthcoming

Next Steps

- Recording of this webinar and slides will be available on [NHCI TA webpage](#)
- T/TA groups will be announced...via email
- NHCI Quarterly Communications – September 2021

Questions and Answers



Thank you!

NHCI Support Team

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